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The Spirit editors interview Richard Hornik

KATHLEEN O'NEILL NAMED '05 VALEDICTORIAN

By Janine Farraj

The brain of the class, more formally known as the valedictorian, has been chosen for the Class of 2005. The Valedictorian Committee has selected Kathleen O'Neill to be the valedictorian after a competitive interview with three other candidates held Monday, April 18, 2005.

Kathleen is a history major with a secondary education concentration and a minor in speech.

Over the course of her four years at St. Joseph's, she has maintained superb grades which allowed her to receive several academic honors.

Her involvement and skill in athletics enabled her to receive distinguished awards such as the Academic All American player for softball for the 2004-05 year, and accolades as an Academic All-American in volleyball during the fall of 2004.

Her ability to juggle athletics and a number of other activities



Valedictorian Kathleen O'Neill

with her academic achievements plus a very strong interview led to her being chosen by the selection committee who were impressed by her interviewing skills.

"I am extremely delighted!" said Kathleen. "Becoming valedictorian has always been a goal of mine since the start of my freshman year and I am proud that I have achieved this level of success," she added.

The selection process consisted of two parts. The top 10% of the class was eligible and four students were nominated by their senior classmates. The four who made it to the final interview were Lori Cappiello, Heather Hagestad, Kathleen O'Neill and Jeanette Morscher.

The members of the ad hoc committee to select the valedictorian consisted of Academic Dean S. Margaret Buckley, Sherrie VanArnam, Dr. Michael Hanophy, S. Betty Calfapietra, President of the Undergraduate Association Christine Tobin and one of the Senior Representatives, Maribel Gonzalez.

The committee interviewed the candidates and also required them to present a brief reading. The criteria for selection included grade point average, service to the college, ability to write and deliver a formal speech and overall presence.

"These four candidates were all outstanding, which made the selection process more difficult," said Director of Student Services Sherrie VanArnam. "I am pleased with the results and I have known Kathleen O'Neill since the moment she stepped foot on campus. She's been a wonderful asset to the college through her academics and service," added Ms. VanArnam.

Kathleen's plan to teach in junior high school and attend Touro College for her Master's degree in education.

WILSON FELLOW RICHARD HORNIK VISITS CAMPUS

By Christina Ament, Christina Contessa and Adam Mace

"For this I was born and for this I came into the world, to testify to the truth. Everyone who belongs to the truth listens to my voice." Pilate said to him, "What is truth?"—John 19:37-38.

Truth is something that many believe in and put their faith in; however, according to Richard Hornik, former editor of *Time* magazine and current Visiting Fellow of the Woodrow Wilson Foundation, truth, as it is perceived in the media, is an imaginary idea in the minds of readers and viewers.

On March 16, Mr. Hornik visited the St. Joseph's Brooklyn campus for a four-part event. In the morning, he met with editors of *The Spirit*. During common hour he gave a lecture to the assembled student body. Later in the afternoon he addressed combined history classes, and finally, he appeared at the intimate setting of "Sound Bites."

For all four events, Mr. Hornik addressed the lack of faith in the reporting of the mainstream media, particularly in light of scandals that emerged during last November's Presidential election.

The problem in a nutshell? How does the public learn the truth from newscasts and newspapers?

"The biggest problem," said Mr. Hornik, "is to believe that the truth can be told." He believes that there is no such thing as an absolute truth in the media, or as he says, "Opinion is paraded around as fact."

In his conversation with the editors of *The Spirit*, he traced the decline in people's faith in the media to the 1970s, the era of the Vietnam War and Watergate.

The facts, as presented by the media, were frequently at odds with the facts given to the public by military spokespeople and government

functionaries.

A huge gap developed concerning who could be trusted and who could be believed to present the truth. As Mr. Hornik said, "Whose truth?" indicating that truth is merely a matter of perception.

Ideologies of the Left, the Right, and the Center are all presented as truth and statistics can be manipulated and juggled to support any position.

Compounding the problem are media scandals which have shaken the confidence in the news-consuming public and made them question mainstream purveyors of news, often leaving the mainstream for other outlets such as Talk Radio and web bloggers.

Mr. Hornik mentioned recent events such as New York Times reporter Jayson Blair who reported false information about former POW Jessica Lynch, her family and her hometown—a scandal which brought down the newsroom hierarchy at the Times.

He also mentioned the CBS News scandal which found Dan Rather relying upon phony documents concerning President George Bush's National Guard service, presenting them as truth. This led to the early retirement of Rather from CBS and further destroyed the public's ability to believe what is reported.

Though he believes that journalists are humans too and are apt to make mistakes, he stated, "Sometimes, ignorance is well-founded."

As a solution to the growing lack of confidence in the media, Mr. Hornik suggested that Americans must do more work themselves; they need to access news from a variety of sources and not rely completely upon a single news outlet.

He also suggests that journalists give as factual account of what hap-

pens as possible, rather than lace reporting with personal bias, because a journalist's role is to tell about the world as best as he can.

Mr. Hornik brings considerable journalistic experience to the table in support of his opinions. After graduating with honors from Brown University in 1970, he began his career in journalism in 1971.

In 1978 he joined *Time* magazine, reporting from numerous ports-of-call throughout the world.

In 2001, he capped off his career at *Time* by becoming the Executive Editor the magazine's Asian publication *Asiaweek*, which largely dealt with financial matters in the Far East.

He is now an editorial consultant specializing in corporate social responsibility issues and journalism training.

He currently serves as the Director of Southeast Asia Programs for the Independent Journalism Foundation.

He also serves as a Visiting Fellow for The Woodrow Wilson Foundation.

The Woodrow Wilson Foundation provides speakers and experts in a variety of areas of interest who make presentations at small liberal arts colleges such as St. Joseph's throughout the country.

Though Mr. Hornik notes that much of the collapse in public confidence in the media can be attributed to the "arrogance" of the media and a desire for high ratings and sale of advertising space, he does not think that the problem is irreparable.

He notes that as members of American society, we should never stop seeking the truth. This will lead to society's enlightenment, thus making us stronger and able to go further in the world.

SENIOR NIGHT MEANS END OF LINE FOR CLASS OF '05

By Robert Marriello

Soon enough—the end. There are but two major activities remaining for the Class of 2005, Commencement on Friday, June 3, and Senior Night on Friday May 13.

Senior Night will be the last major social event for the soon-to-be graduates. During the ceremony, academic departments will present awards to deserving students. There will also be some "Who's Who" awards distributed.

Also scheduled for the night will be the distribution of the yearbook, *Footsteps 2005*, as well as caps and gowns and tickets to graduation.

Senior Representatives Janine Farraj, Maribel Gonzalez and Michelle Graziano also promise that there will be a special surprise favor given to each senior as a memento of their years at St. Joseph's.

"We were eager and excited to work on this second to last special night for the seniors," said Maribel and Michelle. "We think it will all be beautiful," they added.

The Senior Reps have planned an evening of food, fun and entertainment which will include student performances of dance, the chorus, and soloists.

"I'm looking forward to Senior Night," said senior Michael Bennett. "Time is winding down and I'm glad that there are events like this to bring us together for a few more times before we say goodbye," he added. The catered dinner and drinks will be available to the seniors, their families and guests on the Mall.

Representatives from Institutional Advancement will also be in attendance to sign up seniors for the Alumni Association so that they can maintain strong ties with St. Joseph's after they graduate.

"I have enjoyed serving the senior class as Senior Rep and working with Maribel and Michelle to plan events like this. Senior Night happens to be one of the most important events in our college career and we have worked to make it a memorable evening, said outgoing Senior Rep Janine Farraj.

One last big party-and then

EDITORIAL

It's Time to Get With the Program(s)

The "A" word *du jour* is Apathy. It's an insidious thing, this apathy. It might start as a local phenomenon, but before long, the problem is national. For example, in the presidential election of 2004, only slightly more than 50% of the eligible electorate voted. On the local level, the turnout for local school board elections is only one step above pathetic.

Want more? Poll your classmates. Ask how many can name their local state senator, assemblyman or even Congressional representative. How many can name *both* New York senators?

But it's not just about politics or political involvement amongst the undergraduate set. It's about becoming involved, about being a part of things on some level. Like college.

There is a trend at St. Joseph's College that is alarming and the editors of *The Spirit* cannot help but wonder if the student body has been bitten by the apathy bug. Witness the following:

- In the recent CAB elections, only 50 students voted. That represents less than 10% of the eligible student body.
- In the UA elections, less than 200 voted, a woeful 33 per cent.
 Junior Ring Night on March 10 saw a crowd of 200 people
- Junior Ring Night on March 10 saw a crowd of 200 people attend-but only 23 were juniors.
- At 101 Nights, only 45 seniors attended–slightly more than 50% of the class.
- The Chapel Players production of Lend Me a Tenor saw a total of 50 students attending, all three performances combined.
- Out of approximately 115 members of the junior class, only 2 stepped forward to become editors of the yearbook for 2006.
- Other activities saw similarly poor attendance figures.

The Spirit wonders, what seems to be the problem?

The activities enumerated above take weeks if not months of planning. Those who work behind the scenes labor long and hard to provide a slate of activities at St. Joseph's that will offer a broad spectrum of interesting entertainment events, speakers, clubs and publications.

There must be times when those involved in the planning and organization process must become discouraged and wonder, "Why bother?"

It is alarming to think what will happen if the trend continues much longer. Perhaps the admissions application should be revised to inquire of applicants what they plan on doing for St. Joseph's once they get here—other than go to classes and study, both of which are noble ends in themselves. But they are not the be-all and end-all of the college experience.

College should reflect Julius Caesar's famous Veni, vidi, vici (I came, I saw, I conquered). It should not mirror the current trend at St. Joseph's: I came, I saw, I got on the early bus and went home.

Conquests should not merely be of the academic kind. Go that route, and there will be quite a number of very sparse resumes in the hands of seniors after four years of undergraduate education.

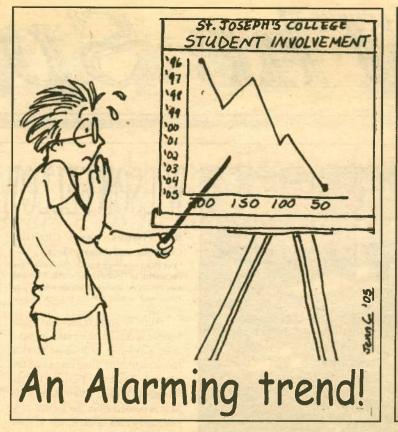
Nevertheless...

The above having been stated, it is also fair to say that in general, it has been a successful year at St. Joseph's. New clubs have been chartered such as the Fashion Club and the Jazz Ensemble. New publications such as *The Spirit* and *Footprints* now offer students journalistic opportunities. The Girls Volleyball and Basketball Teams are conference champions. Individual students have made their marks academically and now head out into the world of work or to graduate schools.

Thanks to the great work of the Admissions Office, the size of the freshman class has reached new high levels and those figures may continue through next year's incoming class as well.

It seemed as if every day something important was doing on this little campus, and there is every hope that this will also continue when school resumes in September.

To all who made it a great year at St. Joe's, we at *The Spirit* send you a hearty, "Well done!"



THE SPIRIT

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The Spirit encourages letters to the editor concerning editorials, articles, and policy. Letters can be left in Dr. Weiner's mailbox

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Talking Points

By Christina Contessa

A FEW GOOD TUNES - A REAL HIGH PRICE!

No matter where we go, we are surrounded by music. We are in the age of technology, so we have been told, but technology is an everchanging, fluid concept.

We have gone from record players to radios to television to 8 track tapes to CDs to MP3s to mini discs and now Ipods.

But no matter how fast technology changes, the sale of CDs remains extremely high amongst all segments of the music-buying public.

Record labels have made every effort to ensure that no one downloads music so that the recording artists can make money. But what the labels don't mention is that they take most of the money and that the 'artists' only get eighteen cents on the dollar of every recording sale that they make.

This doesn't seem like a great deal of money that the performers in the music business make.

Yet, these artists are able to afford things that most of us can only dream about: ski houses in Aspen, bling bling, multiple Humvees and the whole litany of material possessions we all aspire to in one way or another.

For all those profits, the qual-

ity of the music just doesn't seem to be the way it was before. There are a lot of artists that are out there making a living on the fact that they are in the papers for other reasons. Did someone mention Jessica Simpson?

If a performer comes out with a CD and only a few songs on it are actually good and memorable, what is the point of buying it? Would you buy a box of cereal that was filled to the 3/4 level with inedible packaging material? Yet we are asked to buy CDs that have little more than 'filler' on them.

Wouldn't we be better off if there were singles available to the few good songs on an album?

Of course this raises the question as to what you would do if the song you like were never released as a single.

In cases like that, we must resort to downloading music—and risk civil and criminal penalties for copyright infringement.

As unfair to the artists as it may sound, it is one of the most viable music alternatives. There are a lot of things that we don't get in music and people in other parts of the world do. It seems that if we didn't have music downloading, we would

have to go to some kind of a specialty music store to find the songs that we like.

There is an overwhelming greed in the record business. Labels offer superstars mega-million dollar contracts because they know they will pass those costs on to the buyers, who have no other choice but to purchase their CDs.

Even though I am a fan of Metalica and U2, I disagree with the fact that they went to court to stop downloading music so that they could make more money.

Don't kid yourself and buy into all the nonsense about 'artistic integrity.' It's all about money. It's always been about money.

This was the reason behind Apple creating its "Itunes" program. It is a music downloading service that charges for every download that you make with the cost ranging from 99 cents to two dollars a song. All proceeds go to Apple, the record label and the artist.

It's high time that these record labels reexamine the public who keeps them in business. If there were better music quality and prices were lower, we would go out and buy CDs and not have to resort to illegal downloading to save a few dollars.

Many Thanks
to Our Loyal Readers
Who Have Helped Make
Our First Year a great Success!
See You in September!

The Inquiring Photographer

What was the highlight of your year?



Being able to work with 2nd graders was the best thing that happened to me at St. Joe's this year.

-Rama Camit



Being in the play back in September was the best thing. Chapel Players Rocks! —Jennifer Ciago



The best thing that happened to me was that I made new friends at St. Joseph's.

-Merlissa Charles



I worked hard and got good grades this year. That was the best thing that happened to me.

-Candace Holmes



The best thing that happened to me all year? My girlfriend, Elizabeth Shivickas!

-Vinny Giglio



The best thing that happened to me was joining Chapel Players, doing the plays and building our elaborate sets as well as getting to meet all the people.

-Steve Klein



I got accepted into the honor society and last semester I finished one of the hardest classes for my major and got an A.

-Stephanie Igneri



I wanted to start a Swimming Team at SJC and with the help of Frank Carbone it's becoming a reality. We'll start competing this September.

-Nicole Larkin



Being involved in the plays was definitely rewarding, fun, challenging, exciting and an all around great experience.

-Emily McManus



For me, the best thing that happened at St. Joe's this year is that music has returned to the campus and several ways.

-Erin Dorso



The best thing that happened all year was starting the Chicken Parmigian special!

-Carmine Cammarata



My experiences here keep getting better and better. I haven't experienced the best one yet.

-Mike Multari

St. Joe's Marine Vet Returns Home from Iraq

By Adam Mace and Chris Ament

Most college students come to school, go to class, join clubs and go to work. But then, most college students aren't St. Joseph's alumnus Oleg Podushko. Make that Lance Corporal Oleg Podushko, United States Marine Corps.

Oleg spent three semesters at St. Joseph's College before his orders arrived informing him that he was to report to Floyd Bennet Field in Queens where his unit would muster and be transported to its field assignment-Iraq.

Only a year after entering the Marines, Oleg Podushko found himself in the midst of the nastiest American ground war since the Vietnam conflict.

But there is a further twist to Oleg's story: Oleg was born in Russia, where he lived for years before he and his family including his brother, current SJC student Alex, immigrated to America.

He enlisted in the Marines for a variety of reasons. One reason was financial. As with all veterans, the government pays a large share of college tuition and provides other financial benefits.

Another reason he joined was to defend his adopted country, a country that he says has been very good to him and his family since their arrival. "I was just doing my duty," he said.

When he enlisted in the Corps, the Iraq war had not yet begun, but when the call came, it had started in earnest and as is the case with most American conflicts, the Marines are the first to fight.

He notes that his mother was worried beyond belief, and for good reason. Over 2000 American lives have thus far been lost in the liberation of the Iraqi people.

While in Iraq, Oleg's MOS or Military Occupational Specialty called for him to be a truck driver. He was in charge of bringing equipment from base camp to base camp and to Marines in the field.

"I didn't really see many Iraqis because I never really went into the city. But those that I did see as I drove around the country waved and showed their gratitude to America in other ways," he said.

American military personnel in



Marine Corps Veteran Oleg Podushko

Iraq have access to modern technology such as phones and internet connections, so he was able to communicate with his family and let them know that he was all right.

According to Oleg, one can learn so much from being in the military. "We learned that you have to rely on each other., that we are in fact a team, and as a team, we have to work together because that's the only way we can survive."

Survival was the key. As a truck driver in convoys subject to attack from insurgents, Oleg witnessed more things than he cares to recollect. "I saw people get blown up—in fact it happened to one of my close friends, but that's the risk every soldier and marine runs in Iraq."

In February, Oleg was told that he was going home. "I decided to surprise my mom, so I didn't tell her. But when she saw me, she was so surprised, she wanted to choke me! Of course, she was so excited that I was home safe."

Now that his active service is over, would he recommend the Marines to others? "No, if you have a good life, stay home and live it. But if you really want to make a difference, yes, go ahead and join. You will learn a lot about yourself—and things that you never knew about yourself," he said.

As a Marine Corps reservist, Oleg still has an active duty component left to his enlistment agreement, but he plans on returning to school in the fall to continue and ultimately complete his college education.

Oleg Podushko-Marine. Doing the job like every other grunt in the Corps, serving America and keeping her safe thousands of miles away from home.

Cabaret Night Highlights Campus Talent

By Erin Dorso

A transformation took place in the auditorium of Tuohy Hall on April 28, 2005. No longer was it a large empty room with a stage; it became an intimate nightclub-like setting for St. Joseph's College's first annual Cabaret Night

Hosting their first large-scale event, the St. Joseph's Choral Society filled Tuohy Hall with the sounds of jazz. Standards, new arrangements, solo and group performances—they all came to life through the voices of talented and artistic St. Joseph's students.

Prior to Cabaret Night, the Choral Society had performed during common hour at Christmas or during a mass, but the glamour of an

evening of popular music proved to be irresistible.

Since the revived Choral Society is only in its first year, the membership saw Cabaret Night as a good way to publicize the group and perhaps attract new members.

Under the directorship of Lynn Portas, the group practiced three hours a week during the term with added rehearsals as Cabaret Night approached.

Even the new St. Joseph's Jazz Ensemble directed by John Castaldo had an opportunity to perform doing standard jazz pieces like Herbie Hancock's "Watermelon Man."

Cabaret Night was coordinated by the officers of the Choral Society, Diana Harvey, Andrea Rosado and John Castaldo.

"We wanted to make the cabaret experience as realistic as possible," said Andrea Rosado, "so we set up tables to give the auditorium a lounge atmosphere," she added.

Just as in the best of lounge acts that can be found in Las Vegas, Atlantic City, and in New York City cabarets, the performers had a chance to interact directly with the audience to bring a further intimacy to the cabaret experience.

"Playing music before an audience is what being a musician is all about," said John Castaldo. "With the new Jazz Ensemble, we want to use any chance we get to show what we can do and get more students involved in the group," he added.



LIVE MUSIC: A DEAD ARTFORM?

Earlier this year while watching the Super Bowl half-time show, my friend asked me, "Is Paul McCartney really singing?" I was taken aback by the questions, but replied, "Yes! Of course he is singing."

I did not understand why he would think Paul was lipsynching, so I asked him, "Why do you ask?" He replied, "Because no one sings anymore; they just sing along to a recording."

Audible sigh. After that conversation I had a new respect for Paul McCartney. I am a Beatles fan, but Paul is my third favorite Beatle behind John and George. Regardless, in his 15 minute set, he managed to prove that live music is 100% better than recorded music.

McCartney "felt" the music. He related to it. The songs were his, not because he wrote them, but because he understood them. Newer artists (the italics are intentional) do not feel the music. They're in it strictly for the money. They do nothing original.

It seems as if professional musicians are becoming more like karaoke superstars.

Not all artists 'fake' singing. Many still give live performances. Rock bands more so than any other musicians play live. Why? The answer is that in the pop world and in the world of rap and hip-hop, none of the artists can sing without vocal enhancement which can only be provided through studio recording.

The newer generation of musicians is mostly comprised of "musical creations," people who the music industry markets based upon their acting experience (i.e. Hilary Duff) or upon the success of a talented sibling (i.e. Ashlee Simpson).

Don't get me wrong; lip-synching is not new. In the 1960s and 1970s, popular television show such as *American Bandstand* and *Soul Train* featured top performers lip-synching to their recordings.

Why wasn't it a big deal then? People didn't pay \$75.00 a ticket for a concert when they went on a half hour taping of Bandstand, so their expectations were much lower. Besides, when those singers did perform live, their talent was evident.

Perhaps one of the greatest musical scandals of all time occurred in the 1980s when the members of Milli-Vanilli not only were discovered lip-synching, but they were also found not even singing their own music. They had to return their Grammy award which they had won.

Live music doesn't only refer to artists singing their music during concerts, but also can be applied to the virtual disappearance of dance bands from the party scene.

The live bands at weddings, bar

mitzvahs and other parties have been replaced by Djs, once the 'Poor Man's" choice of music at these affairs.

What happened? Years ago people would pay thousands of dollars for highly skilled and high-quality musicians. Now, people pay those same thousands for a DJ who simply spins CDs and learns the proper party shtick ("A big hand for our bridesmaids, Sadie and Zelda, ladies and gentlemen").

Frankly, I don't get it. A good band can play anything; who cares if it doesn't have the 48 tracks of rhythm synthesized in a studio and so it doesn't sound exactly like the original?

Music is meant to be constantly recreated according to the ideas of other interpreters.

The song "Stardust" had been recorded over 400 times—more than any other tune in history—and each artist does something slightly different with it.

Where is the call for musicians to be unique? Dance bands are almost non-existent today and the number of mainstream artists who sing live is slowly decreasing.

Musicianship is on the decline in the music world. The skill and dedication required to perfect performance on instruments or in vocal stylings is unappealing to young people starting out who look for instant success.

You don't have to 'woodshed' pressing buttons on CD players, but you have to spend years mastering the trumpet, drums or saxophone.

Music should be an art, but today, modern music is more technological than artistic.

Vocal enhancers, synthesizers, computer enhanced rhythms and effects pedals dominate too much of today's music.

So most of today's artists become dependent upon studio equipment so they can't legitimately take their acts "on the road."

Remember the scene in Mr. Holland's Opus where Richard Dreyfuss takes the music away from a young clarinetist and tells her, "You don't need the music; it's inside you."

The music is no longer inside the performers and that is why live music is on the decline.

But the music industry is cyclical. As Peter Allen wrote in his song, "Everything old is New Again," "Don't throw the past away/you might need it some rainy day/ Dreams can come true again when everything old is new again."

So down the road, things just might change for the better, proving as the song says, "The music goes round and round..."

Congratulations to the Members of the Class of 2005

Spring Carnival Lights Up Campus

By Christina Ament

It's a mixed blessing, this end of semester thing. For some, it means boundless joy as summer vacation approaches and another semester of college is tucked firmly beneath the belt. For others, the overwhelming stress of term papers, final exams, searching for summer jobs and applying to graduate schools dominates the mind.

For a stress-reliever and a day of fun away from the academic grind, there was the St. Joseph's Spring Carnival.

Held on Tuesday, April 26 on the mall in front of the Dillon Child Study Center, the annual carnival saw rides, booths and attractions run by CAB and the various clubs and organizations that make up the Undergraduate Association.

The purpose of the carnival was simple: to help students unwind and break the tension so prevalent at the end of the school year.

Laurie Hartwig, Chairperson of

CAB, had participated in the planning and running of the Spring

Carnival for the last three years. "We hold the carnival in April so that everyone can have fun before the reality of finals week sets in," she said.

Each club had the responsibility of coming up with an idea for a booth manned by its members. "Games, prizes, interactive attractions—they all are a part of the annual carnival and we look forward to seeing how creative the clubs can be," said Ms. Hartwig before the carnival.

According to Hartwig, the big attraction at last year's carnival were the games of chance which gave players a chance to win prizes.

A full barbecue was also served to the attendees and cold drinks were available throughout the afternoon.

Disc jockeys from WKTU also came and entertained, hosting special contests and serving as co-sponsors for the event.

Hartwig claimed that weather permitting, she planned on volun-

teering for the dunk tank at this year's carnival,.

More than 250 people attended the Spring Carnival, nearly half the entire student body.

"Many people don't get to see their St. Joe's friends over the summer, so the carnival was a chance to hang out one last time before school ended," said Hartwig.

Students in all classes enjoyed the many booths and attractions available on the mall.

"I came to shoot the event for the newspaper and yearbook," said freshman Svetlana Medvedeva, "but I really got caught up in the fun of the afternoon and wound up staying for the whole thing, enjoying a lot of the different games that they had set up," she added.

The annual Spring Carnival proved to be a fitting coda for the school year and it pointed the way to not only the summer vacation, but to another year of fun at St. Joseph's beginning in the fall.



Campus Ministry Unvells Picture of Dr. Wangari Maathai

Campus Ministry and Outreach Serves in Numerous Ways

By Gurgit Singh

As one of it's major annual events, the Campus Ministry and Outreach Club celebrated St. Joseph's Day on March 15, 2005. This year the mass was held in the convent and the luncheon took place in the auditorium of Tuohy Hall.

The events of the day were organized by the Moderator of the Campus Ministry, S. Susan Wilcox.

Sister Susan, whose office is located in Room 503 of St. Angela Hall, cane to the Brooklyn campus of St. Joseph's College in the fall of 2002.

Prior to coming to Brooklyn, she worked in the Campus Ministry Office of the Suffolk campus of St. Joseph's College.

S. Susan is a Sister of St. Joseph's of Brentwood, New York. She has a Master's degree in Early Childhood Education and she has studied in the Religious Studies Department of St. Joseph's College in Suffolk.

She is also a core Community Member of providence House which is a Homeless Shelter for Women and Children coming to the New York City Department of Homelessness. She is also a parttime Non-Government Organization Representative at the United Nations for the congregations of St. Joseph, which represents the Sisters of St. Joseph in the United States, Canada, Latin America, Europe, Asia, Africa and Australia.

St. Joseph's Day is part of the Catholic calendar and is usually celebrated on March 19 each year. The day commemorates the foster-father of Jesus Christ.

The traditional method for the celebration of St. Joseph's Day at SJC is to have a mass followed by a luncheon.

But this year, some special events accompanied the festivities. The Campus Ministry's Woman of the Year, Dr. Wangari Maathai, was announced.

Dr. Maathai was selected because, "she is a Nobel Prize Winner and she is an important woman in an area of the world (Africa) that does not value women," said S. Susan. "She is also an environmentalist which is a new way of looking at peace building," she added.

Dr. Maathai is the founder of the Green Belt Movement in Kenya, an

environmental organization.

Campus Ministry and Outreach plays a significant role on the St. Joseph's College campus. Amongst its annual activities are the New Student Overnight, the Mass of Remembrance, the Thanksgiving Prayer Service, the Giving Tree at Christmas for the benefit of Providence House, the Mardi Gras party, Ash Wednesday Mass, the COOL Conference, and of course, St. Joseph's Day.

"Campus Ministry and Outreach focuses its attention on the values of the college which include integrity, service, social responsibility, and intellectual and spiritual value. In addition to these core values, we are also focused on global awareness," said S. Susan.

The group also participates in a week long volunteer experience in Puerto Rico that takes place during the summer vacation.

With a schedule of activities that runs virtually year-round, the Campus Ministry and Outreach is one of the most active groups and a major force on the Brooklyn campus of St. Joseph's College.

New Student Governments Elected

Slates Filled for 2005-06 Academic Year

By John Castaldo

Anticipation, nervousness and excitement were the emotions experienced by a select few at St. Joseph's College before the spring break—and those select few were the candidates running for positions in the Undergraduate Association and the Campus Activities Board.

Each year students have the opportunity to run for student government positions which include UA President, UA Vice-president, UA Secretary, UA Treasurer, CAB Program Director, CAB Assistant Director, CAB Events Coordinator and CAB Publicity/Financial Coordinator.

In a closely contested race, Christina Traverson defeated Erin Horn for the presidency, garnering 58% of the vote to her opponent's 42%. The races for the other positions were somewhat lopsided in their results: Chris Burke defeated Elizabeth Fitzgerald, winning 75% of the vote and both Willow Figueroa and Natalie Fascianella ran unopposed for the positions of UA Secretary and UA Treasurer respectively.

Shortly after the results were announced, Christina Traverson said, "I feel very excited and am looking forward to working with my fellow

UA officers. I am hoping for a very productive year."

Beneath the emotional rush of victory were specific plans that she has in mind for the 2005-06 academic year. "I plan to create ways to make student government more efficient, especially the senate. I plan to use the website more, allow clubs to present proposals online, fill gaps within the UA constitution and get more students involved in activities," she said."

The rush of enthusiasm filters down from the top to the other elected officers. Vice president Chris Burke says, "I plan on getting more clubs active in events and I want to have the best orientation and formal in the history of SJC."

Treasurer-elect Natalie Fascianella would like to see clubs "use their budget money to sponsor events in addition to events presented by CAB."

Election results for CAB were posted on the Thursday before the beginning of spring break. Laurie Hartwig, who currently holds the position of CAB Program Director, was reelected with 77% of the vote.

Diana Harvey was unopposed in her run for the Assistant Direc-

torship of CAB as was Andrea Rosado who ran for Publicity/Financial Coordinator.

Adam Mace captured over 75% of the vote in winning the position of Events Coordinator of CAB.

"The Assistant Director is responsible for all off-campus events," said Diana Harvey, "so my plan is to have more of these events that everyone would enjoy."

Andrea Rosado plans on assisting all SJC clubs in publicizing their activities and events.

In examining the slate of newlyelected officers, Director of Student Services and adviser to the student government Sherrie VanArnam said, "We are very fortunate in that we have a combination of experienced and new officers. As a result, we would expect the same level of events as this year, but with a fresher outlook, which would be provided by the new membership."

What becomes apparent in speaking to the newly elected members of the Student Government is the sense of commitment shared by them and their goal of making the next school year the most active and varied in St. Joseph's history.



Christina Traverson



Adam Mace



Willow Figueroa

Juniors Come of Age at Ring Night

By Erin Dorso

A student's junior year of college is a turning point in his or her life. At the end of that year, there is only one more until a student must enter the 'real world.' It is a time that is both wonderful and terrifying—a time to cherish and remember for years to come.

Amidst the stress of demanding classes, the prospects of looking ahead to graduate school or employment and generally contemplating the future, there are pleasant signs that mark the junior year as well. At St. Joseph's College, Junior Class Night is one such signpost.

The Class of 2006 celebrated their Junior Class Night on March 10, 2005. The theme of the evening was "On Our Way." Silver, blue and purple stars covered the walls of the auditorium and lounge in Tuohy Hall. The stage was adorned with a floral centerpiece and streamers of purple bunting.

The evening began with the Cho-

ral Society performing "Go the Distance" from Walt Disney's animated feature, *Hercules*.

The Junior Class Representative, Scott Carlson, welcomed the junior class and their guests before introducing Sr. Susan Wilcox as the evening's guest speaker.

Sr. Susan kept the audience entertained and put into words what every junior seemed to be thinking: "Now that college is almost over, what are we going to do with out lives?"

Following Sr. Susan's remarks, the rings and gifts were distributed by Director of Student Services Sherrie VanArnam and Scott Carlson.

Each student was photographed by a professional photographer as they accepted their rings.

Next, junior Kim Guerron recited a poem by Kit McCallum entitled, "The Road Less Traveled."

Then, the junior members of the Choral Society performed "You've Got a Friend in Me" from Walt Disney's Toy Story followed by

Christine Tobin's interpretive dance performance to "Hands" by Jewel.

A moving and heartfelt reflection on college was delivered by Assistant Director of Admissions, Keith Outlaw.

This was followed by an excerpt from a speech by Robert F. Kennedy entitled "On Courage" which was read by junior Crystal Jacobowitz.

A final performance by the Choral Society of a song entitled, "The Journey" brought the evening's proceedings to a conclusion.

Following the ceremony, the juniors, their families and guests were invited to partake in dinner and dessert in the lounge and parlors.

Junior Mint candies and sparkling confetti adorned the lounge tables along with gift favors for all the guests.

At the conclusion of the evening the juniors gathered in groups and seemed to offer tacit acknowledgment of an indisputable fact: there was still a busy year ahead.

Three down, one to go-and then life begins in earnest.



SUITING UP FOR SUMMER

I can't talk about everything that comes along with summer without mentioning swimsuits. Yes! I mean swimsuits. This is the time when people head to the gym to try to be in shape or to fit into a skinny swimsuit—but you don't have to try too hard. Instead, you have to accept yourself for who you are and look for outfits that can hug that gorgeous body of yours.

The horror of trying on swimsuits in the harsh reality of fluorescent lighting is one that cannot be denied. But you can make it easier on yourself by determining the right suit for your body.

Believe it or not, everyone can look good in a bathing suit. You simply have to know what you want to emphasize and what you don't. Find your body shape and then head off to the mall.

Want to turn heads this summer? Then read on!

If you have short legs...

If you want to lengthen short legs, look for a one or two-piece swimsuit that lengthens them. Think Pamela Anderson; her swimsuit is cut high on the thigh.

If you have wide hips...Look for the trendy boy shorts to camouflage the problem or try a one-piece suit that sits high on the thighs. This will lengthen the legs and draw the eye away from the hip area.

If you have no bust...

If this is something you want to work on, no amount of exercise is going to help, but you can look for a top that lifts. These usually come with strings that tie around the neck. They will do an amazing job of directing what you have to where you want it. That means a little cleavage! Try on a few tops until you find one that is perfect. Unfortunately, all swimsuits are not created equal. Tops that offer a little padding will help in this area as well.

If you have a long torso...

Tankinis are perfect for you. Unlike a bikini, the longer top disguises the fact that you are long and lean. If Tankinis aren't to your liking, look for a swimsuit that sits high on the

leg. This will emphasize their length instead of your torso.

If you have a thick waistline...

Tankinis work for you too, or check out a one-piece that is all one dark color. These will cinch you in quite nicely. Patterns running on an angle can also give the illusion of a narrower waist.

If you have a short torso...

A one-piece with a high neckline will stretch you out and make you look just like a model. You can also try a look that sits low on your hips.

If you have a tummy...

Look for suits that offer a mask cover-up that covers the problem area. You might also look for suits that have built-in tummy supports.

Always remember, there is no fluorescent lighting on the beach. The sun is much more forgiving, so no one is going to notice every minor imperfection.

Trying to be in shape for your swimsuit also means the sun is shining and summer fashions dictate that your skin be bronzed and glowing. After all, how good will those summer shorts look if your legs are all winterized and pasty?

Sun tanning can be very dangerous when done without proper protection. Studies indicate that one bad
sunburn in your early years can
double your lifetime risk of developing skin cancer. If you are fairskinned, that risk is even greater. So
get your tan from a bottle and enjoy
the sun with a good thick coating of
SPF30 all over your body. You'll
look great, stay safe and won't ever
have any sun-related regrets.

The trick to summer is to exercise, be healthy and find a bathing suit that makes you feel good.

Don't worry about not being thin enough! If you are taking care of yourself, be proud of how you look and how smooth your body moves. And always be grateful because there are others who wish that they were in your shoes!

And to all my readers, I wish you a great summer and look forward to giving you more fashion and style tips in September!



Sherrie VanArnam Presents Lori Hartwig With Class Ring

Admissions Office Hosts Scholarship Brunch

New Students and Parents Learn of Keys to Success at St. Joe's

By Allyson Putre

Deciding upon what college to attend is a difficult decision for high school seniors, but the decision affects not only the college freshman, but their parents as well.

St. Joseph's College is aware of how important a mutually agreeable decision can be for students, their parents or guardians. In order to ease the decision-making process, the Admissions Office organized two special events that allowed families to meet with faculty, staff and current students to ask any questions they might have had about attending St. Joseph's.

The first event, the Scholarship Banquet for Admitted Students, took place on Sunday, April 10 at The Water's Edge Restaurant in Brooklyn.

The second event, the Parents' Orientation for Admitted Students took place on April 14 in the auditorium of Tuohy Hall.

At the Scholarship Banquet for Admitted Students, students who received Presidential Scholarships and scholastic achievement awards and their families were invited to brunch with faculty, staff and current St. Joseph's students.

The purpose of the banquet was to recognize the accomplishments of students, highlighting the positive aspects of the college and giving the families of prospective freshmen a genuine connection with the family of St. Joseph's.

All potential incoming freshmen had a portrait taken of them and their guests which will be presented to them in a special ceremony where they will also receive a certificate of their achievement.

When receiving their certificates, short biographies of the recipients will be read detailing their academic accomplishments.

The Parents' Orientation for Admitted Students was a specialized seminar for parents of potential incoming freshmen. The goal of this event was to reassure parents and guardians that St. Joseph's is the right choice for their child.

The orientation also gave the parents a chance to meet with faculty, administration and other parents who are helping their children along the path to a college education.

At this seminar, there was a panel

of parents of present freshmen who answered questions relating to the first year experience and how their children feel about attending St. Joseph's.

The guest speaker at the orientation was Mr. Steven Keating of Keating Associates, who spoke to the audience about the college selection process and how to make sure that the student and family make the best possible choice.

St. Joseph's College feels as though it serves not only the student, but that student's family as well. By doing this, the college tries to ensure that an incoming freshman will have the best possible experience.

Director of Admissions Mrs. Theresa LaRocca Meyer said, "I feel it is very important that parents' and students' final decision about college be made together. Events such as the orientation and brunch are a great way to showcase the college at its best and aid the decision-making process."

The information and acceptances have been sent out. Now, the student in concert with his or her parents must weigh the positives and negatives and make the ultimate decision.

BY ERR DORSO

CHAPEL PLAYERS HIT A HOME RUN WITH SPRING SHOW!

The March 17-19 performances of Ken Ludwig's Lend Me a Tenor proved to be another successful venture for Chapel Players, St. Joseph College's resident theater group.

Directed by St. Joseph's alum Tom Hoefner ('00), the show tells the story of a famous Italian tenor who is scheduled to appear in a production of Giuseppe Verdi's opera, Otello.

However, when he fall ill and tries to sleep it off, his production assistant thinks he is dead. The assistant performs in his place—and brings the house down. What follows is a case of mistaken identity that leads to many farcical situations.

The show opened with Andrea Rosado singing a selection of operatic arias which puts the audience in the proper mindset for a story about the opera world.

Miss Rosado is a talented singer whose voice was both strong and clear. In the opinion of this reviewer, she could easily pursue a career in serious music drama if she chose to do so.

The entire play took place in a hotel suite which is separated into two parts. The front was a living room with a couch, table and chairs set up on black risers. The back was a bedroom with a bathroom which is assembled on the stage.

The first act brings tension and anger tot he comedy as Mr. Saunders, the manager of the Cleveland Grand Opera Company and Max, his assistant, await the arrival of Tito Merelli, the famous Italian tenor.

When Tito and his wife Maria finally arrived, Tito is ill. Maria walks out on Tito after an argument, leaving a note behind. When Saunders reads the note, he mistakes it for Tito's suicide note and convinces Max to take Tito's place.

Max gets into Tito's costume and heads for the stage-at which point Tito awakens.

Following intermission, Miss Rosado performed another set of arias before the second act began.

The confusions of the first act all come into play in a door-slamming farce of Act II. Mistaken identities, near-miss confrontations and other confusions are the stock in trade of the farce, and Lend Me a Tenor is loaded with all these standard devices.

Also notable in the cast was Emily McManus in the role of Julia, the Chairman of the Opera Guild.

Her performance had the audience gasping for air as she captured the nuances of the flighty theater dame.

Her accent hinted at the late Julia Child's and her dazed facial expressions reminded one of the ever-befuddled Margaret Dumont on Marx Brothers fame.

Comedy is all about timing, filling the spaces between lines and not letting a single extra beat kill a gag. John Barrymore said on his deathbed that dying was easy-comedy was hard. But the cast of Lend Me a Tenor, young as they are, seem to have mastered many comic techniques.

The direction was crisp and spirited. Tom Hoefner has been able to do great things with relatively inexperienced casts, and the effectiveness of his work is evident in Lend Me a Tenor where any lapse in pacing could prove deadly.

Kudos to the cast and company of Lend Me a Tenor. It proved to be an evening of comedy and surprises which held the rapt attention of all who attended.

Health Fair Addresses Major Concerns

By Christina Ament

If an ounce of prevention really is worth a pound of cure, then there were many pounds available at the Annual Health Fair on April 13, 2005, sponsored by the Department of Nursing of the School of Adult and Professional Education.

Under the guidance of Dr. Maria Fletcher, Associate Professor of Nursing, the auditorium of Tuohy Hall became a mini-clinic as students and faculty members were able to visit displays on a wide variety of health subjects.

Included in the displays were screenings for high blood pressure, diabetes and hypertension. Information on substance abuse, healthy eating and exercise, AIDS, smoking, asthma, osteoporosis, prostate health and a wealth of other subjects was also available.

This was the 7th Annual St. Joseph's Health Fair and Dr. Fletcher said of it, "It is important to educate people in all levels of health and wellness. That is why we

do the Health Fair each year."

One of the impacts of the Health Fair is the awareness that it provides to those who take advantage of the preventive testing. For example, Mr. Keith Outlaw of the Admissions Office said, "The testing was fantastic. Last year when we had the Fair, my blood pressure was 140/100. Now it's 100/60, so I'm really happy that I'm healthier."

For the most part, the booths and displays were manned by the nursing students working towards their bachelor's degrees. They provided information to the students and staff members during the common hour event.

"It's been so wonderful to see so many people come to have their blood pressure checked," said Deborah Oyaname, of one of the most heavily frequented tables.

With health costs rising to astronomical levels in America, the importance of even college-aged students finding out where they stand cannot be overemphasized. The Health Fair helps keep people aware.



The Oral Hygiene Booth at the Health Fair

COLLEGE KNOWLEDGE

Okay, trivvers, here's our last challenging competition of the year, so we've made it extra tough. But if you are the first one to answer all the questions correctly, you can win a \$25 Gift Card to Best Buy! (Previous winners excluded, of course). Just bring your answers to Room 607 of St. Angela Hall and be a winner like Adam Platka!

1. Who was the first New York Yankee to wear the number 1 on his uniform?

2. Who is missing from this list: Edward the Black Prince, Lionel, Duke of Clarence, John, Duke of Lancaster, Edmund, Duke of York and

3. What actor won *two* academy awards for playing *three* characters in *two* separate films?

4. What was the nickname of former hockey great and goalie Loren Worsley?

5. In what comic strip would we find characters named Marryin' Sam, Earthquake McGoon and Available Jones?

6. Who was President Dwight D. Eisenhower's Secretary of State?

7. Which United States Army regiment has as its motto, "Garry Owen?"

8. Only two United States Navy vessels built before 1935 are still in commission. One is the USS Arizona. What is the other?

9. What Major League baseball team used to play its games in Sportsman's Park?

10. Subtitled "A Novel of the Christ," this Biblical epic had been made into a film twice and was written by a Civil War General. Name the book AND the general.

11. Stage and screen actor Alistair Sim is most closely associated with a film role he made his own in 1951. Who did he play?

12. Who replaced Chad Mitchell in the folk group, the Chad Mitchell Trio when Mitchell left the group?
13. Who was the voice of the Bear in Disney's *The Jungle Book?*

14. There are two systems of key arrangement on the clarinet. The older one is the Albert system. All modern clarinets, however, use a different system. Name it.

15. One of the most popular folk groups of the 1960's was Peter, Paul, and Mary. But Paul's name was made up. What was his real first name?

16. Who was the first and last captain of the RMS Titanic?

17. Bishop John Blackwood Ryan, detective extraordinaire, is the literary creation of what author (and priest)?

18. During the Cuban Missile Crisis, ironically, what was the name of the United States destroyer that was the first American warship to intercept a Soviet vessel?

WE HAVE A WINNER!

Congratulations to senior Adam Platka who was the first student to answer all 19 College Knowledge questions correctly! Adam is the recipient of a \$25 Gift Card to Best Buy. Look for the contest in this month's College Knowledge feature.



Trivia Champ Adam Platka

Master Tommy Chen Demonstrates Self Defense

Spring Things



Hip Hop Workshop



Mass in Honor of Pope John Paul II



"The Madonnas of Europe" Opens Lecture and Exhibition



The New St. Joseph's College Jazz Ensemble

Ready for Anything: Women's Self-Defense Class Teaches Basic Moves

By Ashley Alawi

"It is better to know and not need it, than to need it and not know it." This is the guiding motto that Mr. Tommy Chen used to open his talk about self-defense on March 9 in the auditorium of Tuohy Hall.

Mr. Chen is an instructor of cardio kickboxing, self-defense and weight training at St. Joseph's College and has been teaching here for more than ten years. He also owns his own gym where he gives both private and group classes in the martial arts.

His official title is Master Tommy Chen and he has been teaching martial arts for over three decades.

He has been a practitioner of martial arts since the age of six. He is the holder of numerous titles and has been named Martial Arts Instructor of the Year.

He is also a member of four Halls of Fame including the Black Belt Hall of Fame and is part of the Hall of Fame Society.

Master Chen has won almost every tournament he has competed in and was once a top national competitor on the east coast.

Amongst the reasons that Master Chen teaches self-defense are the physical and mental discipline that the art engenders as well as the ability to protect one's self in the event of an attack.

"If one person was able to use the moves I taught them in situations when needed to protect themselves, I would feel proud," he said.

KNIGHT MOVES CHANGES NAME AS NEW GAMES ARE ADDED

By Janine Farraj

Knight Moves, St. Joseph's Chess Club, has officially become the Games Club, reflecting a change brought about by the addition of more games in an effort to boost membership.

The change, announced by club president Gurjit Singh, "is designed to give club members a choice of what games they would like to play.

The fall chess tournament attracted eight players, but Singh believed that the spring tournament, scheduled for April 13-April 15 and April 20-April22, would bring many more players to the Red Room of Tuohy Hall to compete.

"We have added checkers to the tournament and will teach the game to anyone who wants to learn it," said Singh. "We will also teach the fundamentals of chess to anyone who is interested," he added.

Alex Podushko, past president of Knight Moves and winner of the fall tournament, was looking to repeat as campus champion this spring.

"It was nice to see interested people come and play," said Podushko, "but I would like to see many more involved," he added. His primary goal is, as he says, "to lead by example and help those on their quest to develop their skills."

The class was arranged by Allyson Putre of Beta Upsilon Delta sorority as part of Women's History Month.

Though women were the target audience, anyone was able to participate in the common hour event.

"One reason for the class was to empower women so they can defend themselves when the need arises," said Ms. Putre.

The class was completely interactive with volunteers assisting Master Chen in his demonstration of simple, yet ingenious moves that could save someone's life if practiced and then used correctly.

The audience was shown what to do in the most likely situations when confronted by an attacker.

Even after the conclusion of the demonstration, audience members who stayed picked up some additional moves that were designed to protect against bigger and stronger assailants.

A much sought-after personal instructor, Master Chen has trained many champions in different categories.

Bringing his skills and teaching methods to St. Joseph's College is but one more way of transferring his skills to a portion of the community that may eventually need them.



A GAME GOOD ENOUGH FOR ONCE A (K)NIGHT

Recently, I found out about a new game called "Knight Online" for the computer, which is an MMORPG or a "Massively Multi-player Online Role Playing Game" for those who are not entirely gaming literate. So just like the last game I covered in my column, I am going to review this with an "X-Play" style of comedy and scale of 5.

The game "Knight Online" is set in the medieval fantasy age when knights ran free and a normal day on the job included slaying dragons and a slew of other mythical monsters that came your way.

But before beginning, you need to go to www.knightonlineworld.com and download the free software for it, yes, free—a price that will interest all college students—and then after the long download and installation, you have access to the world of Knight.

You then can choose to live the world of El Morad or Karus, which you will be stuck in until you delete all your characters from that country.

You have 3 gender options, which is somewhat odd. There's male, female, or if you want, Barbarian, and then you have a choice of 1 of 4 jobs. You can be the strong warrior, a magician having the ability to attack your enemies from a fra, the agile rogue or the healing priest.

Each of these characters has their perks as well as their limitations. For example, a warrior tends to be the best for physical attacks, but since you have to be so close to the monster, you get killed a lot unless you constantly move and although the priest can boost people's defenses, they tend to get stuck with the job of healing people.

Once in the game, you can walk around, kill monsters and if you can figure out how, talk to other people around the world, which doesn't really do much for the actual playing of the game. Fighting and killing monsters gets you gold, experience and other items which can help you along the way, since there are shops around that you can buy better weapons from.

But to use these weapons, you will need to have a certain amount of strength or intelligence. I find this odd since most of the weapons just seem to be swung and slashed with.

You can also ask around for quests, which if completed, can level you up, get you special items, or more gold. You can also form temporary clans with other people online, which is one of the better ways to get gold and experience, although I you do defeat a monster, you will most likely just end up losing the item to someone else in your clan.

There is also a portal system so you can go from city to city, but you better wait until you have a lot of gold to spare, since it does cost money to use.

The fighting system in this game is pretty simple. You click your target and a circle will appear around it. You then press a button and if you are close enough, you will start hitting it and after you hit it enough times, it dies and you get whatever it had with it, which is usually some gold and maybe another item.

The two toughest parts of the battle part of the game are that you have 8 slots to use for special attack or items, and choosing can sometimes be tough, and also if you run a slow computer, you will generally not know when your enemy has died or when you have until it's too late. And if you die, you lose a lot of experience, and will have to work to get all of it back which can be very tough.

All in all, the game is good if you have a lot of free time. But aside from that, it doesn't take much thought. Also, because of its simplicity, you will be bored most of the time, especially if you are not strong enough to kill most of the monsters. If you have a fast computer and internet connections, then by all means try the game out. If you don't, you are not missing much, which is why I give this game a 2 out of a possible 5.

ST. J@SEPH'S SP@RTS



Sports Talk By Adam Mace

FOLLOWING THE DOTS

So, in light of the steroid scandal, how do you feel about Mark MacGwire, Sammy Sosa and Bobby Bonds right about Now? Makes you wish for 'clean' players like Babe Ruth who could drink enough gin to fill a fish tank, come out to a game and go 5 for 6.....How about that NHL season! Did I miss something? Because the rest of the country seems to be going along quite nicely without professional hockey.....Hmm, so the Mets get Beltran and Pedro. Nice. But who will be the number 3, 4 or 5 starters? Big names fill seats, but pitching wins games....Speaking of the Metsies, so they are popping for 200 million to refurbish Shea Stadium. Sweet. What will they do, spin the stadium around so the wind doesn't blow right in the players faces-or maybe put back the blue and orange panels on the outside of the park so it looks the way it did at the beginning.....Any truth to the rumor that 4 of 5 Yankee starters have applied for membership in AARP?....Since the Yanks have already sold over 3 million tickets for the 2005 season, wouldn't it be a nice gesture on George Steinbrenner's part if he reserved a block of seats for every game to be given to men and women of the military who have returned from Iraq?....I hear Tom Coughlin is going to be a 'kinder and gentler' coach this season. Players won't have to stand inspection in front of their lockers before each practice. However, he is still adamant about the training table: Twinkies and Lite Beer are still banned....I'm a little concerned about all this business of athletes setting poor examples for America's youth-and that's why steroids should be banned. So let me get this straight: when they want to break a contract that they have signed and hold a team hostage for more money, this is a good example?....Okay, so what with Iraq, oil prices, rotten pay for our military and a host of other national issues, Congress must convene a special committee to decide that steroid use is bad. Probably cost the American public millions for them to come to that conclusion Wondering who the first Major League manager to get fired this season will be?....So, a westside stadium for the Jets (with 8 homegames and 2 exhibition games and a concert now and again) will create traffic havoc-but housing for 100,000 people won't? Who's doing the math in this city?....Maybe the Mr.

Met mascot can be traded in for one on steroids. Just retool a Fat Albert costume and there ya go.....If Kevin Brown lasts more than 5 innings in three consecutive games, does he qualify for "Comeback Player of the Year?".....Don't you just love these fans who watch all 18 hours of the NFL draft in March? I definitely think they have way to much time on their hands.....So what's wrong with a NASCAR track on Staten Island? In the name of diversity, New York City could use some beerswilling rednecks to jazz up the Arthur Kill dump. And think of all the revenue that would come from about 120 T-Shirt booths lining Richmond Avenue on race days!....About this hockey thing, shouldn't Madison Square Garden book some college games for the fall just in case the NHL and the Players' Union can't get together? Think of the turnout for the University of Maine Black Bears vs. the Minnesota Golden Gophers!....I kind of miss when Wide World of Sports covered such key competitions as Curling, Hurling and Caber Tossing. It's kind of pretty watching guys in kilts throwing around telephone poles....Dream Match: Tonya Harding vs. Sumo wrestler Ishiguro Matsutaka. Of course, Tonya would have to bulk up by about 20 pounds to make it fair.....Ever wonder why a ballplayer can have a ball thrown at him at 95 MPH with 60,000 fans screaming for blood, and golfers and tennis players have to have the silence of a mortuary to concentrate? Just asking Personally, I'd like to see some heckling and gamesmanship in golf. Either that, or go all the way and make the sport full contact.....And while we are on the subject, so if Tiger Woods doesn't win every major and half the marquee events on the tour, he's a has been?....Should we be concerned that Vegas oddsmakers already pick the Giants to go 7-9 for 2005?....So the new co-voice of the Yankees is Susan Waldman. Heh heh, I'm not going near that one.....Think maybe the Yankees should have saved some of those Opening Day hits (15 in all) for the playoffs vs. the Red Sox?....Kevin Brown update-4 hours into the regular season, he's placed on the Disabled List. Rumor has it he has tested positive for Geritol.....Gotta love David Wells saying that Opening Day just wasn't his night. What he meant was, it just wasn't his 2 1/3 innings.....

Okay folks, I guess 'dots' all for this year. Been a great one. Looking forward to seeing you in September!

Cagers Bid Farewell to Graduating Seniors Bears Cop Regular Season HVAC Crown

By Adam Mace

It is often a truism that saying goodbye can by very difficult. Just ask the St. Joseph's College Men's Basketball Team.

After four seasons with the Bears, it is time to say goodbye to seniors T.J. Byrnes, AyoAndra Deas and Anthony Leone. With the end of the basketball season, they have closed out their varsity years and are ready for graduation and the world of work and graduate school.

The St. Joe's Bears had a strong season and the three seniors were a major contributing factor.

T.J. Byrnes was the team captain and led the team with steals (92) and assists (107). He also ranked second on the team in points per game (11.2) and 3 point goals (65).

AyoAndra Deas also turned in good numbers on the season. He ranked third for total field goal percentage (41.9) and he finished the season with 31 2PAs. Even when he wasn't on the court, the 6'4" senior was a source of energy and team spirit for his teammates, always rallying the team when it needed it the most.

Anthony Leone led the team in free throw percentage with an impressive 85.7%. He became a real 'go to' player, even though he appeared in a limited

number of games.

"All three of our seniors were a vital part of our team and its success," said Assistant Coach Nicholas Warywoda. "It will be hard to replace them, but hopefully, our players have learned from them and will be ready to step up next season and do the job they did," he added.

February 14 saw the celebration of the traditional Senior Night. It was an emotional time for players who knew their varsity time had come down to minutes.

St. Joseph's defeated Pratt Institute 82-76 to clinch the Hudson Valley Conference Regular Season Championship for the first time in school history.

The Bears started with an early lead, but Pratt drew to within a point right before the half.

After intermission, which featured the SJC Dance Team entertaining the emotion-laden crowd, the Bears pulled away to a 12 point lead.

Again Pratt closed the gap and the tension was palpable as the game drew to its conclusion. The Bears held off the charge and claimed the title.

It proved to be a productive as well as an emotional night. Byrnes finished with 15 points, 6 assists and 8 steals. Deas added 2 points and 4

rebounds, and Leone chipped in with 4 points with a perfect 4 for 4 from the foul line.

"Our three seniors really are amazing competitors," said senior Janine Farraj after the game. "You constantly see them putting the team's well being over their own personal stats," she added.

For the entire season, the motto of the team has been, "Team Over Yourself." In the regular season finale, teamwork proved to be vital for victory.

Though the Bears lost by a single point in the finals of the Hudson Valley Conference Tournament, it could not diminish their accomplishments on the year.

"We expected a lot out of our team this season, and although we had a great year, we still always expect more from our players next year," said Head Coach Joseph Cocozello.

Next year's team will feature a strong trio of current underclassmen including Chris Distefano, Billy Haufmann and Craig Laquidara.

But the achievements of the current seniors will long stand in the annals of St. Joseph's sports as the trio that brought the conference championship home for the first time.



Chris Distefano Tips if off Against Brooklyn College



Lady Bear Lisa Hourigan on the Mound

Softballers Prep for Title Defense

By Svetlana Medvedeva

Spring training in Florida saw the Lady Bears Softball Team working to come together in time for the long Hudson Valley Conference season.

Only in its 4th season, The Lady Bears won the 2004 crown and were hoping for a repeat in 2005.

The team is anchored by three seniors, Lisa Hourigan, Joanna Calibar and Kathleen O'Neill.

"This team hopes to go to Georgia again for the national tournament. But this time, we hope to be as competitive as the other teams that we will meet," said O'Neill.

There are many new players on the team, some with only minimal experience at their positions. "Our job is to help these new players. We know what the competition was like last year and they don't, so they will look to us for leadership," said O'Neill.

The team began non-conference play with a string of 4 victories in a row, including a 23-8 rout of Brooklyn College. But they went into conference play on the heels of a 6 game losing streak.

Coach Frank Carbone had high hopes that May 7 would see the Lady Bears at SUNY Purchase ready to defend their crown.